

Utah Early Head Start/Head Start Oral Health Forum Report

Head Start has twelve programs in Utah located in 192 sites. Six Early Head Start Programs provide services to pregnant women and young children birth to age three years. Head Start serves children three to five years old. There is one program which specifically serves the children of migrant workers, Centro de la Familia de Utah and one Tribal Head Start, Fort Duchesne Native American Head Start.

Head Start Programs perform annual dental screenings and assure needed dental treatment is identified and completed. The 2000-2001 Head Start Program Information Report revealed that 77% of the Head Start children were screened and that 31% needed treatment. The problem is compounded by the fact that dental services for Head Start children are difficult to obtain. Many of these children are enrolled in Medicaid or CHIP. Access to dental care for Medicaid participants is limited by a low number of Medicaid dental providers due to low dental reimbursement rates and the CHIP dental benefits being substantially reduced during this time.

The Oral Health Program surveyed Head Start Programs in 2001. All of the Head Start Programs indicated they have the children brush their teeth at the center and all Head Start Programs provide some dental health education, such as brushing, nutrition, and the problems caused by Baby Bottle Tooth Decay. However, there were inconsistencies in oral health education plan in the Head Start Programs for teachers, children or their parents and the programs did not indicate specific education concerning the need for an infant to see a dentist by one year of age.

Based on the considerable oral health needs of Utah Head Start children and the current infrastructure which is in place to help meet these needs, the timing was right to bring Early Head Start and Head Start Program Directors and Health Specialists along with providers, parents and advocates together in a Utah Head Start Oral Health Forum to develop a statewide action plan.

The Oral Health Program, along with the Head Start-State Collaboration Project, served as the lead agency in administering this project. A Head Start executive director, a parent and a health specialist, the Migrant Head Start Program health specialist, the CHEC coordinator, Community Partnered Mobile Dental Services director, WIC, and the Region VIII HRSA dental consultant participated in the planning process for the Oral Health Early Head Start/Head Start Forum. The planning group met monthly starting in November 2002.

It was determined that the Forum would be held in Provo as a central location. Participants would be able to attend from across the state without requiring teleconferencing abilities.

Members of the planning group participated in focus groups and visited rural and urban Head Start Programs to determine specific oral health issues for the children and their families. The Oral Health Program utilized this information to define the goal and objectives.

The goal of the Forum was to develop action plans to improve the oral health status of children served by Early Head Start/Head Start Programs. The objectives were classified into one of three categories – Access, Policy and Funding, and Prevention and Education. (See Table)

An expected short-term outcome of the forum, increased collaboration and communication among Head Start Programs, parents, providers and other oral health care stakeholders to develop an action plan, was realized.

Utah Oral Health Forum Participant List

Agencies and individuals who participated in the Forum included Early Head Start and Head Start Program directors and health specialists, parents, the Head Start-State Collaboration Project director and coordinator, private and public dental providers (including pediatric dentists), and dental hygienists. Other key participants included Medicaid, CHIP, WIC, national HRSA Office, Region VIII ACF Office, and local health department staff. Other partners, such as Covering Kids Coalition, Intermountain Health Care, Utah Children, United Way, Utah Dental Association, Utah Dental Hygienists' Association, Association of Retarded Citizens of Utah, and the Association for Utah Community Health participated.

The forum included a diverse group of private/public and rural/urban Head Start Programs. There were 60 participants. (See Participants List in separate document)

The planning group elected to contract with a professional facilitator to assist with the Forum. This facilitator provided expertise to the planning process. She trained the breakout session group facilitators on their roles and responsibilities. On the day of the Forum, she provided direction, assistance and structure.

The agenda for the Forum consisted of a national, state and regional perspective, a panel discussion and questions and answers, and breakout sessions to develop the action plans. (See Agenda)

There were three breakout sessions, one for each objective – Access, Policy and Funding, and Prevention and Education. The breakouts were divided into one or two tables. Each table, with a facilitator, discussed all of the previously identified issues. (See Table) They developed potential action plans and activities. A lead facilitator for each objective coalesced these action plans into a concise action plan, which was presented to the entire group. (See Action Plan in a separate document)

The participants completed an evaluation of the Forum. The majority of the evaluations were very positive with comments such as “great ideas, great connections,” “helps to find out what others are doing,” and “good networking.” The participants were asked their primary purpose in attending the Forum and if that objective was met. Twenty-two of the 24 responses indicated that their objective was met. (See Evaluation)

The major challenges in implementing the action plan developed by the Forum will be finalizing strategies agreeable to each group involved and obtaining the financial resources necessary to achieve these goals. A low Medicaid reimbursement rate and few or no Medicaid/CHIP providers in some areas of the state affect access to treatment. The best means to overcome these challenges is prevention – collaboration, education, and fluoridation.

Based on the current economic and political climate, it is imperative for the oral health stakeholders in Utah to collaborate in order to improve the oral health of all children and especially those children served by Early Head Start and Head Start Programs.

Table: Objectives and Issues

Increase ACCESS to oral health services

Identify a dental home for screening and treatment
Address cultural issues
Develop a database of dentists who
 Speak Spanish
 See young children
 Accept Medicaid
Increase the pool of dental providers
Develop transportation to the dentist's office options plan

Implement secure POLICY AND FUNDING for oral health care

Investigate alternative payment methods
Promote methods to improve insurance coverage
Improve Medicaid reimbursement rates
Develop a potential universal screening/triage form

Ensure PREVENTION AND EDUCATION services

Determine educational needs of staff and develop materials
Educate parents on how to brush the child's teeth and how to encourage their
 child wanting to brush
Educate dentists, parents and staff on the initial visit to the dentist by one year old
Educate pregnant women and staff concerning prenatal oral health
Educate parents on the importance of keeping non-emergency appointments

Early Head Start/Head Start Oral Health Forum
April 4, 2003
Provo, Utah

Goal: Develop an action plan to improve the oral health status of children served by Early Head Start/Head Start Programs.

8:30 Registration

9:00 Welcome – Erin Trenbeath-Murray

9:20 National Perspective – Dr. John Rossetti

9:45 Regional and State Perspective– Dr. Steven Steed

10:15 Break

10:30 Panel Discussion

Mary Kay Borders

Charn Burton

Allen Christensen

Carol Harlow

Andrea Hight

Lynette Mitchell

12:00 Lunch Break

12:30 Breakout Sessions to Develop Action Plans

2:30 Small focus groups reconvene

3:00 Break

3:15 Reconvene to Report Action Plans

4:00 Adjourn

Early Head Start/Head Start Oral Health Forum

Friday, April 4, 2003

What was your primary purpose in attending the Forum?

(See next page for responses)

Was this objective met?

Yes 22 No 2

Comments

(See next page for responses)

Do you feel the information you received today will be helpful in your efforts to improve the oral health of the children enrolled in Early Head Start/Head Start Programs?

Yes 23 No 1

Comments

(See next page for responses)

Would you be interested in future oral health forums?

Yes 23 No ? 1

Suggestions for future forums

(See next page for responses)

Please rate the following.

	Very Poor	Poor	Fair	Good	Very Good
Location	<u> </u>	<u>1</u>	<u>2</u>	<u>15</u>	<u>6</u>
Agenda	<u> </u>	<u> </u>	<u>1</u>	<u>12</u>	<u>11</u>
Speakers	<u> </u>	<u> </u>	<u> </u>	<u>8</u>	<u>16</u>
Food	<u> </u>	<u> </u>	<u> </u>	<u>9</u>	<u>15</u>

Comments

What was your primary purpose in attending the Forum?

Facilitating

To be a voice for what I see as a pediatric dentist

Understanding oral health issues in my community

Learning more about Head Start and how we can bring them into the overall state oral health initiative

I work with the CHEC dental health program, Child Health and the Baby Your Baby program as an RN. Coordinate ideas that are used in other areas around the state that work-utilizing dentists oral health activities

Represent my Head Start

To gather as much information about dental coverage, etc. What's available. How to improve the system.

To find answers for problems families have accessing dental care.

In other states the Arc is involved with the Head Start. This is not the case in Utah, so this meeting was an opportunity to consider possible future partnerships.

Learn new ways to involve providers and educate clients on importance of dental health and their responsibility in this.

Work with others to work out solutions for improved dental accessibility.

Information sharing and possible solutions to issues

To learn more about this subject

Learn more about what can be done to help children have better access to oral health care

To help address issues surrounding oral health care for children in Utah

Part of the planning committee

Learning about collaborative opportunities

Improve dental services to Head Start children

To learn ways to better serve my Medicaid clients' dental health needs.

To identify where oral health can be implemented and how

To learn more about what is available as far as dental health care

Becoming more knowledgeable to help H.S. families

To lend support to the state's efforts from a Head Start Regional Office perspective

Was this objective met?

Problems with the facilitators not doing their jobs was a big problem. Made the breakout session miserable.

MaryKay Borders had great ideas that we will utilize. I enjoyed comments from each speaker and what they had to share.

Many other things were covered that I had not considered to be a factor

Great ideas, good connections

Very informative

Very good meeting

All are to be commended for establishing an effective network statewide

Do you feel the information you received today will be helpful in your efforts to improve the oral health of the children enrolled in Early Head Start/Head Start Programs?

Depends if people will follow through with the action plans
To take a more active role in helping the Head Start programs
Dr. John Rossetti had great information. I hope we implement some of his ideas.
Would have liked to have more information from Dr. Rossetti and John Thomas
(Yes) And for my clients on Medicaid
Helps to find out what others are doing
I received info on programs I was not aware of
I shall use this information with my clients in public health
Need some follow-up information on how to implement plans
Learned of a lot of resources that are available
Good networking
It will provide guidelines for the RO to continue its support

Suggestions for future forums?

Oral health for people with disabilities
Legislator involvement would be great!
As time and resources permit

Comments

Cold temperature (3)
Map of the location
Adjust schedule to correspond with CHEC conference-farther apart or combine
Policy breakout room too small
Poor choice in facilitators
Continued success

Utah Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Increase ACCESS to oral health services.

ISSUE: Develop transportation to the dental office options plan.

Action step party	Available or Needed Resources	Timeline			Responsible
		0-6 months	6-24 months	2-5 years	
Educate HS staff of options coordinators		x			CHEC
Access bus tokens		x			HS staff
Access Pick Me Up if on Medicaid		x			HS staff
Care A Van in Southeastern LHD		x			HS staff
Access travel money through Mileage from HS DFS job sharing / reimburse gas Cars available through mileage		x			HS staff LIC in Wash. County
Reimburse child care		x			HS staff

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Increase ACCESS to oral health services.

ISSUE: Identify a dental home for screening and treatment.

Action step	Timeline		
	Responsible party	Available or 0-6 months	6-24 months 2-5 years
Personal contact with all the specialist participating dentists			HS health
Identify who will see what age, specialist			HS health
funding source and language health program rep needs			Medicaid
Develop database specialist			HS health

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Increase ACCESS to oral health services.

ISSUE: Develop a database of dentists who speak Spanish, see young children and accept Medicaid.

Action step party	Available or Needed Resources	Timeline			Responsible
		0-6 months	6-24 months	2-5 years	
Identify dental offices specialist	LHD Medicaid health program reps / CHEC	x			HS health
Develop database specialist	LHD Medicaid health program reps / CHEC		x		HS health
Access database			x		HS staff
Make database available to specialist local dental society					HS health

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Increase ACCESS to oral health services.

ISSUE: Address cultural issues.

Action step party	Available or Needed Resources	Timeline			Responsible
		0-6 months	6-24 months	2-5 years	
Identify local interpreters					HS staff
Access Culture Grams	BYU web site				HS staff
	Culture in Nursing Care				
Identify which dentists will see clients	Medicaid health program reps / CHEC	x			HS staff
Incorporate oral care into specialist prenatal care					HS health WIC staff OHP BYB / Check
Your Health					
Educate all health care providers specialist re: oral health care					HS health
Educate parents on priority of oral health care					HS staff

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Increase ACCESS to oral health services.

ISSUE: Increase the pool of dental providers.

Action step	Responsible party	Timeline			Needed Resources
		Available or 0-6 months	6-24 months	2-5 years	
Give dentists the option of only seeing a few clients					HS staff
Coordinate, interpret and translation services and follow up with clients					HS staff
Support system of coordinated volunteer dentists	UDOH UDA				HS staff
Increase Medicaid reimbursement rates by advocacy training				x	Everyone
Utah Children network with other HS Councils					HS staff
invite legislators to screenings					HS Policy
					HS staff

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Implement secure POLICY AND FUNDING for oral health care.

ISSUE: Investigate alternative payment methods.

Action step	Responsible party	Timeline			Needed Resources
		Available or 0-6 months	6-24 months	2-5 years	
Contact CPA re: tax deduction (United Way) for donating dental services Boseman		x			Gloria Kariya Jerald
Contact local United Way to discuss funding options		x			HS staff

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Implement secure POLICY AND FUNDING for oral health care.

ISSUE: Promote methods to improve insurance coverage.

Action step	Timeline			Responsible party
	Available or 0-6 months	6-24 months	2-5 years	
Ask Insurance Commission and Westover UDA if they have questions to Boseman evaluate insurance company policies	x			Chad Jerald
If not, develop questions		x		OHP UDA
Disseminate questions to local HS programs		x		OHP
Research other options Mobile Dental Community Partners Community Health Centers dental hygienists and students		x		HS staff

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Implement secure POLICY AND FUNDING for oral health care.

ISSUE: Improve Medicaid reimbursement rates.

Action step	Timeline			Responsible party
	Available or 0-6 months	6-24 months	2-5 years	
Appoint two representatives Association to the Oral Health Coalition	x			HS
Educate HS programs re: Coalition dental issues talking points for legislators		x		Oral Health
Inform HS programs of UDOH budget		x		UDOH

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Implement secure POLICY AND FUNDING for oral health care.

ISSUE: Develop a potential universal screening/triage form.

Action step	Responsible party	Timeline			Needed Resources
		Available or 0-6 months	6-24 months	2-5 years	
Develop universal HIPAA form	x				Andrea Hight
Distribute HIPAA form to HS			x		OHP
Develop a suggested form with consistent risk level definitions	x				Andrea Hight OHP HS health specialists
Boseman					Jerald
Distribute form to HS			x		OHP

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Ensure PREVENTION AND EDUCATION services.

ISSUE: Determine educational needs of staff and develop materials.

Action step	Timeline			Needed Resources
	Responsible party	Available or 0-6 months	6-24 months	
Develop basic oral health specialists		x		HS health
presentation for staff, possibly advisory board				HS health
power point presentation				HS staff OHP / dental
Implement through parent meetings and modeling			x	HS staff
Conduct in-class screenings			x	HS staff
Determine future training needs specialist			x	HS health
Utilize listserv and Web site to update HS staff			x	OHP

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April 4, 2003

Action Plans

GOAL: Ensure PREVENTION AND EDUCATION services.

ISSUE: Educate parents on how to brush their child's teeth and how to encourage their child wanting to brush.

Action step party	Available or Needed Resources	Timeline			Responsible
		0-6 months	6-24 months	2-5 years	
Include visual education with staff in-home visits	Materials developed for staff		x		HS
Include oral health information staff in packets sent home with new mothers			x		HS

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Ensure PREVENTION AND EDUCATION services.

ISSUE: Educate dentists, parents and staff on the initial visit to the dentist by one year old.

Action step Responsible party	Timeline			Needed Resources
	Available or 0-6 months	6-24 months	2-5 years	
Survey local dental offices to specialist determine who sees 1 year olds health program reps/CHEC	x			HS health Medicaid
Invite pediatric dentist to Health specialist Advisory Board	x			HS health
Enlist public health nurse specialist		x		HS health
Encourage dental referral network		x		HS staff OHP
Partner with pediatricians to specialist educate parents on visit	x			HS health
Attend dental convention		x		HS staff UDA

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Ensure PREVENTION AND EDUCATION services.

ISSUE: Educate pregnant women and staff concerning prenatal oral health.

Action step	Responsible party	Timeline			Needed Resources
		Available or 0-6 months	6-24 months	2-5 years	
Evaluate existing or create new specialist materials to teach pregnant women			x		HS health WIC staff OHP
Partner with WIC and Baby specialist Your Baby to educate women		x			HS health WIC staff BYB staff
Partner with alternative schools specialist teen parent programs		x			HS health

Early Head Start/Head Start Oral Health Forum

April 4, 2003

Action Plans

GOAL: Ensure PREVENTION AND EDUCATION services.

ISSUE: Educate parents on the importance of keeping non-emergency appointments.

Action step party	Available or Needed Resources	Timeline			Responsible
		0-6 months	6-24 months	2-5 years	
Include information on cost of running a dental office and reasons to not miss appointment in curriculum	Volunteers	x			HS staff
	Pre-dental students				UDA
	Foster grandparents				
Remind family of appointments advocates		x			Family
Create a system of reminder specialist coaches	Healthy Communities	x			HS health
	Junior League				
Create education committee		x			HS staff
Partner with WIC specialist	Church groups	x			HS health
	UDA Alliance				WIC staff
Research transportation system	CHEC coordinators	x			HS staff

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