

# Missouri Action Plan Children with Special Health Care Needs



*"Show Me Your Smile"*

## CSHCN Overview

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The Missouri Coalition for Oral Health in conjunction with the Missouri Dental Association, Missouri Head Start State Collaboration Office, Missouri Department of Education (First Steps), Missouri Department of Health and Senior Services (Missouri Oral Health - Preventative Services), and Missouri Primary Care Association created the planning committee for the Children with Special Health Care Needs action plan. Several attempts were made to engage Family Voices; however, they did not participate in the planning or Forum.

The Coalition held a planning meeting to formulate an agenda for the statewide forum. The planning team made the decision that only those present could volunteer themselves or their agency for participation in the CSHCN action plan. This was to ensure buy-in from all individuals and agencies in the action plan. The planning team also recognized that the entire dental landscape of CSHCN could not be addressed in one day; therefore, the focus would be only a few items that could be changed and/or completed with 18-24 months of the final action plan. The planning team wanted to ensure the action plan was relevant and the goals were achievable.

Originally, a point of input to the CSHCN action plan was the statewide community meetings being held by the Coalition. At each meeting the topic of children with special health care needs was brought up for discussion; however, there was very little expertise and very little that could be used for the action plan. One participant in the Kirksville, MO community meeting works with the special needs population and stated there were very few dental professionals that would provide services to the special needs population, especially in rural areas.

The children with special health care needs forum was held July 21, 2006. The attendance included several individuals from state departments, Head Start, oral health organizations as well as oral health professionals. (Appendix A & B)

The planning team held a follow-up meeting to make sure the ideas for the forum were concrete and focused enough for an 18-24 month project. In addition, the planning team met to discuss how the CSHCN action plan would be incorporated in the state oral health plan and possibly into the newly released Oral Health White Paper. (Appendix C & Attachment)

## CSHCN Forum Attendees

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Name	Title	Organization
Melissa Albertson	Communication Director	Missouri Dental Association
Deborah Backfisch	Special Needs Coordinator	Health Care USA
Karen Battjes	Administration & Operations Coordinator	Department of Health and Senior Services
Bonnie Branson	Associate Professor	University of Missouri - Kansas City
Bill Connelly	Data Coordinator	Department of Elementary & Secondary Education
Donnell Cox	Missouri Provider Relations Representative	Doral Dental USA
Karen Dent	Director	Oral Health Network of Missouri
Renee Figuet-Freeman	Dental Hygiene Program Coordinator	State Fair Community College
Shari Fleshman	Health Content Specialist	Region VII TA System
Paula Goldberg	Health Specialist	CMCA - Head Start
Dorothy Lambert	Project Coordinator	Smile Mobile - Phelps County Regional Medical Center
Carolyn Link	Oral Health Program Manager	Department of Health and Senior Services
Lan-Tu Myers	Dental Director	Family Health Center of Boone County
Shawntay Myers	Executive Director	Missouri Coalition for Oral Health
Stacey Owsley	Director	Missouri Head Start State Collaboration Office
Annette Portell	Oral Health Coordinator	Washington County Community Partnerships
Cindy Reese	Social Services Manager	Department of Social Services Children's Division
Douglas Ross	Dentist	Department of Health and Senior Services Advisory Group
Cathy Schlotzhauer	Community Nurse	Department of Health and Senior Services
Diane Sexton	Oral Health VISTA	Washington County Community Partnerships
Jeanean Sieving	LPN	Pettis County Health Center
Liz Smith	Child Health and Development Manager	Mid America Head Start
Carolyn Stemmons	Assistant Director	Missouri Head Start State Collaboration Office
Tina Turner	Parent	Washington County Community Partnership
Sharon Weiss	Dental Coordinator	Jefferson-Franklin Community Action Corporation
Vicki Wilks	First Steps Consultant Project Director	Missouri Child Care Resource and Referral Network

## Summary of Discussion

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The overall group discussion was focused on the importance of keeping children with special health care needs healthy, this mean focusing our efforts on the education of the individuals surrounding the child. The forum took a look at all the individuals, agencies, organizations and caregivers surrounding the child with special health care needs. The focus was on how we, as oral health professionals, could link with agencies already providing educational materials to parents, such as Head Start, the Department of Mental Health, and First Steps. It was stressed, that the project should provide up to date education materials to the individuals and agencies surrounding the child, tapping into a working system already in place.

### **Forum Evaluation Comments:**

- Forum was helpful to understand the oral health issues of CSHCN.
- Forum helped me to know and understand all the agencies surrounding the child with special needs.
- Forum provided a great opportunity to network with individuals.
- The forum provided a great groundwork for the action plan.
- The forum was good, but these small steps are not going to be the entire answer to help the oral health of CSHCN. We will need to try to find further funding for more actions later down the road.
- Good Forum. Like the facilitator.
- Forum was great. Wish we had more that one-day to deal with this issue.

## **Action Plan**

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### **Step 1: Develop a plan for a regional continuing education opportunity for dental professionals.**

#### Goals:

- To educate dental professionals on the need for dental professionals working with the CSHCN population
- To help dental professionals be more prepared (comfortable) working with the CSHCN population

#### Needs:

- More dental professionals who feel comfortable working with the CSHCN population

#### Activities/Timeline:

- Research current continuing education programs for dental health professionals focusing on CSHCN (December 2007)
- Recruit dental association, dental school, dental hygiene schools to increase awareness of CSHCN (December 2007)
- Hold continuing education programs for dental professionals (2008)

#### Outcomes:

- To educate dental professionals about the lack of services for CSHCN
- To help dental professionals feel more comfortable working with the CSHCN population

#### Long Term:

- ✓ To increase the number of dental professionals who will accept CSHCN into their practice

#### Partners:

- University of Missouri Dental School
- Missouri Dental Association
- Missouri Dental Hygiene Association
- Missouri Coalition for Oral Health

#### Implementation:

The Missouri Dental Association will work with its partners and UMKC to examine the viability of this continuing education opportunity. It is believed that a continuing education opportunity focused on working with CSHCN would be well received.

**Step 2: Establish dental operatories in Division of Mental Health Regional Centers (increase for 1 site to 2 sites).**

Goals:

- To be able to provide oral health services to CSHCN in a setting in which the child feels comfortable

Needs:

- Additional facilities providing dental services for CSHCN

Activities/Timeline:

- State regulation may have to be changed to incorporate dental hygienist into the Mental Health Regional Center setting (unsupervised). (2008)
- Secure donated dental services (2007)
- Secure donated dental equipment (2007/currently)
- Coordination between Department of Health and Senior Services and Department of Mental Health (2007/currently)

Outcomes:

- To increase accessibility to dental services in a safe, familiar environment for CSHCN

Long Term:

- ✓ To increase the capacity of dental operatories in regional mental health centers.
- ✓ To set a model for other mental health centers to follow as they open dental operatories in other regional centers

Partners:

- Department of Health and Senior Services
- Department of Mental Health
- Missouri Dental Association
- Missouri Dental Hygiene Association
- Missouri Coalition for Oral Health

Implementation:

The Department of Health and Senior Services is currently working on this project, providing coordination and implementation this step and goal.

### **Step 3: Provide education and resources to individuals surrounding the child with special needs.**

#### Goals:

- To educate parents, caregivers and individuals surrounding the CSHCN regarding the importance of oral health
- Coordinate a list of CSHCN dental resources

#### Needs:

- Education for caregivers and individuals surrounding the child about the importance of oral health for a child with special health care needs.
- Coordinated list of oral health resources for the Missouri CSHCN

#### Activities/Timeline:

- Promote availability of resources to professional organizations and agencies working with the CSHCN and his/her family. (2008)
- Work with Head Start to integrate oral health into the Memorandum of Understanding (MOU) with public school systems regarding CSHCN. (2007)
- Develop a K-12 oral health curriculum (2007)

#### Outcomes:

- Increase caregiver and parent awareness regarding the importance of oral health for CSHCN

#### Long Term:

- ✓ Increase familiarity of resources to families and caregivers of CSHCN
- ✓ Early recognition of oral health problems

#### Partners:

- Department of Health and Senior Services
- Head Start
- Department of Social Services
- Missouri Coalition for Oral Health

#### Implementation:

The Coalition is currently working on an overall education campaign. Children with special health care needs will be incorporated into the campaign.

## **Forum Follow-Up: Additions to the CSHCN Action Plan**

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### **State Oral Health Plan:**

The Missouri Coalition for Oral Health has submitted a request for funding to formally update the State Oral Health Plan. This would allow for Missouri to incorporate CSHCN into the state plan as a primary focus. It was the belief of the individuals participating with this project that the State Oral Health Plan should be inclusive of CSHCN.

### **Oral Health Summit 2007:**

The Annual Oral Health Summit in September 2007 will have a keynote speaker addressing the topic of a community approach around oral health, including CSHCN.

### **Education Campaign:**

The Missouri Coalition for Oral Health is currently rolling out an oral health education campaign. Through our education website we will have a section dedicated to CSHCN. This will be a space where individuals surrounding the child with special health care needs can go to find links and information about their child's oral health. This space will include both national and state resources for CSHCN.

### **Head Start Oral Health for Children with Special Health Care Needs:**

The Missouri and Kansas oral health coalitions, as well as Head Start associations have teamed up to provide an educational opportunity for Head Start. In December of 2007 Head Start representatives from both KS and MO will be invited to a forum on CSHCN at the UMKC Dental School. This forum will be directed to Head Start Directors, Disability Coordinator and Health Coordinators.



## Budget

<b>Items:</b>	<b>ASTDD Monies Expended</b>	<b>In-Kind:</b>
Facilitator	\$3000.00	
Coordination of Grant		\$3000.00
Printing/Distribution of Materials	\$1000.00	\$200.00
Forum Meeting Space Rental	\$350.00	
Meeting Expenses		\$1500.00
Travel	\$650.00	\$175.00
<b>Total:</b>	<b>\$5,000.00</b>	<b>\$4,875.00</b>

**Budget Narrative:**

**Facilitator/Co-Author Action Plan: \$3000.00**

**Travel Stipend: \$650.00**

The facilitator led the planning meeting, the CSHCN Forum and the follow-up meeting.

**Grant Coordination: \$3000.00**

MOCOH will in-kind the time of the MOCOH Executive Director to coordinate the grant.

**Printing Materials/Supplies: \$1200.00**

**MOCOH: \$200.00/ ASTDD: \$1000.00**

The CSHCN action plan was printed and distributed to stakeholders, Coalition Members and individuals participating in the CSHCN Forum. Each participant of the Forum received printed materials as they registered including: name tags, agenda brochure, participant list and handouts. These were an in-kind donation from MOCOH. Handouts provided by Maternal and Child Health were also provided.

**Meeting Space: \$350.00**

A large convention room was used for Forum. The planning meeting and follow-up meetings took place at the MOCOH office; therefore, no additional space was needed.

**Meeting Expenses: \$1500.00**

Meeting expenses include: food and beverages and AV equipment: LCD Projectors, Screens, AV carts, poster paper.

**Travel: \$125.00**

The individuals attending the Forum used additional in-kind travel money.

**Potential Barriers:**

- Agencies involved in the action plan are large bureaucracies which often times require multiple levels of approval before the agency can sign on to a statewide action plan.
- Educating parent and caregivers regarding the importance of oral health for CSHCN and then Missouri not having the capacity for their children to be seen by an oral health professional due to a lack of access.
- No interest from dental professionals to work with the special needs population.

## Appendix A

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Date: July 2, 2007

Subject: Invitation to Children with Special Health Care Needs Forum

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You or a representative of your agency is invited to participate in Missouri's first statewide forum designed to create an action plan to improve oral health for children with special health care needs. The event will be held on July 21 from 9:30 am – 3:30 pm at Stoney Creek Inn, 2601 S. Providence Road, Columbia, MO 65203.

The Missouri Coalition for Oral Health, with funding from the Association of State and Territorial Dental Directors (ASTDD), is creating an action plan for the oral health of children with special health care needs (CSHCN). The CSHCN population has a variety of programs, agencies and individuals to give them support and guidance. The Coalition's goal is to convene these statewide decision makers from such agencies and organizations as state departments, Head Start, children's advocacy groups and parents to discuss education and prevention of oral disease in CSHCN.

The Coalition is seeking to educate agencies, organizations, service providers and parents on the importance of oral health and the impact oral health has on the overall health of an individual.

If you are able to participate, please fill out the enclosed registration form and return it to the Coalition office by July 17. We ask that you attend ready to participate and prepared to share your knowledge of oral health services your agency or organization has already implemented. Once the action plan is written, each agency participating will be sent a copy of the action plan and will be asked to buy-in to the action plan and participate in the implementation. The Coalition will rollout the CSHCN action plan at the Annual Oral Health Summit September 28 & 29.

A registration packet will be prepared for each participant and will be given out upon arrival at the Forum. More information about the oral health of CSHCN can be found at <http://www.mchoralhealth.org/SpecialCare/>

A limited number of travel stipends are available for **parents of CSHCN** to attend the Forum. The travel stipends will be given on a first come first serve basis. If you are interested in a travel stipend please check the appropriate boxes on the registration form.

## Appendix B

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### Children with Special Health Care Needs Oral Health Forum

***Please return this registration form to MOCOH by July 17  
(Fax: 573.884.0598)***

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

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A limited number of travel stipends are available for **parents of CSHCN** to attend the Forum. The travel stipends will be given on a first come first serve basis. If you are interested in a travel stipend please check all the boxes below that apply.

I am interested in receiving mileage reimbursement

I am interested in receiving one (1) night hotel reimbursement

## Appendix C

### MISSOURI COALITION FOR ORAL HEALTH CSHCN PLANNING PROCESS

This grid is designed to help you examine each of the 12 recommendations in the white paper against the steps and goals written into the plan. Please review not only the goals but also proposals about needs, activities, timeline, outcomes, participants and implementation. Feel free to jot notes in the empty spaces of the grid to ensure that we collect all of your ideas.

<p>Oral Health White Paper Statewide recommendations</p>	<p><b>STEP:</b> Establish dental operatories in DMH Regional Centers (from 1 to 2 sites) <b>GOAL:</b> To be able to provide oral health services for CSHCN in a setting in which the child feels comfortable</p>	<p><b>STEP:</b> Develop a plan for a regional continuing education opportunity for dental professionals <b>GOALS:</b>1) To educate dental professionals on the need for dental professionals working with the CSHCN population 2) To help dental professionals be more prepared (comfortable) working with CSHCN</p>	<p><b>STEP:</b> Provide education and resources to individuals surrounding the child with special needs <b>GOALS:</b>1) To educate parents, caregivers, and individuals surrounding the CSHCN about the importance of oral health 2) Coordinate list of dental resources for CSHCN</p>
<p>Increase Medicaid reimbursement rates for oral health services Is there an interest in adding increased Medicaid reimbursement for dental care for CSHCN to the state plan? Does Medicaid have a category for behavior management fees that can increase</p>			

the amount paid for CSHCN?			
Increase dental student slots for Missouri residents at UMKC School of Dentistry AHEC: Identify students who can shadow dentists serving CSHCN. Encourage students interested in CSHCN to explore dentistry as a profession.	Can dental students rotate through the operatory?		
Develop oral health workforce distance learning educational programs that can provide opportunities and educational services statewide		Incorporate existing online and published curricula and workshops into dental professional continuing education.	
Expand the number of section 330-funded Community Health Centers and FQHC'S			
Financially encourage the establishments of contracts between FQHC's and willing community dentists throughout the state			
Increase funding for PRIMO supported loans and scholarships		Explore loan repayments for dentists treating CSHCN	
Offer dental continuing education to medical health care professionals		Publish information about MO oral health student PowerPoint's in association newsletters. Publish information about the <a href="http://www.mchoralhealth.org">www.mchoralhealth.org</a> online workshops. Identify hygienists and dentists who will	

such as pediatricians, obstetricians, extended care facility caretakers, social service personnel and school health personnel		create a speakers bureau for association conferences	
Create and distribute new and existing oral health materials to all schools, early childhood programs, long term care facilities, and other agencies		Distribute NIH series of pamphlets Practical Oral Care for People with Disabilities. <a href="https://www.nidcr.nih.gov/OrderPublications/">https://www.nidcr.nih.gov/OrderPublications/</a>	
Fluoridate all Missouri water			
Implement a statewide comprehensive sealant and varnish program		Consider sealant program for CSHCN. Maybe even target CSHCN for the new prevention program. The hygienists can start with First Steps and Part B pre-K in schools	
Include adult-dental services in the Medicaid program		Consider writing in dental “transition planning” for CSHCN who move into adulthood	

## Continuing Education Products

**--Oral health care for persons with disabilities: An online continuing education course.** 2004. Gainesville, FL: Department of Pediatric Dentistry, University of Florida College of Dentistry. <http://www.dental.ufl.edu/faculty/pburtner/disabilities/english/titlepag.htm>

**--Oral health: Guidelines for people with disabilities.** 2002. [Louisville, KY]: Standards of Care Committee, Academy of Dentistry for Persons with Disabilities. <http://www.dent.ohio-state.edu/postdocgd/Disabilities/OralHealthCareGuidelines1002.pdf>

**Planning guide for dental professionals serving children with special health care needs.** 2000. Los Angeles, CA: University of Southern California University Affiliated Program, Childrens Hospital Los Angeles. <http://www.mchoralhealth.org/PDFs/OHguide.pdf>

**Training modules for the developmentally disabled.** [2004]. Santa Fe, NM: New Mexico Department of Health. <http://www.mchoralhealth.org/action.lasso?-database=Biblio&-layout=Web&-response=details.lasso&-recordID=12587574&-search>

**Southern Association of Institutional Dentists - Training Modules**  
<http://saiddent.org/modules.asp>

\*Overcoming Obstacles to Dental Health. University of Pacific, School of Dentistry, Center for Oral Health for People with Special Needs. A training program for caregivers of people with special needs. 4<sup>th</sup> ed. 1998(workbook and video)

\*Addressing Dental Care for Individuals with Autistic Disorders: Information and Techniques for the Professional. David Tesini, DDS and Clive Friedman, DDS, Special Care Dentistry Association. 2006.

Special Care: An Oral Health Professional's Guide to Serving Young Children with Special Health Care Needs. [www.mchoralhealth.org/SpecialCare](http://www.mchoralhealth.org/SpecialCare)