

ACADEMY FOR SPORTS DENTISTRY (ASD)
A Global Leader in the Advancement of Sports & Oral Health
Prevention. Treatment. Performance.
<https://www.academyforsportsdentistry.org/>



OFFICIAL ASD POSITION STATEMENT

The Importance of Oral Health & Community Water Fluoridation in Sports, Communities & Society Overall

Approved by the ASD Board of Directors (August 17, 2022)

POINT ① | Academy for Sports Dentistry | ASD promotes and works toward oral health for all, which means having healthy teeth but also having healthy gums, lips, tongue, chewing muscles, salivary glands, palate, jaws, airway, and more.

POINT ② | A global public health challenge | Dental cavities and tooth decay remains the most common chronic disease of childhood and remains a public health issue on a large scale for all age groups.

POINT ③ | A widespread health inequity | Dental cavities and tooth decay also are not equitable in frequency among different populations, and lower socioeconomic communities and their athletes experience decay at a much higher rate than others

POINT ④ | Community water fluoridation one of history's most significant public health achievements | Community water fluoridation is safe, needed, and is widely supported such as by the World Health Organization, the Centers for Disease Control and Prevention (CDC), the American Dental Association, and the American Academy of Pediatrics. CDC recognizes the importance of community water fluoridation as one of the 10 great public health achievements of the 20th century, along with the control of infectious diseases and the hazards of tobacco use (link below).

POINT ⑤ | ASD strongly supports community water fluoridation in sports and society overall | ASD supports community water fluoridation for healthier sports, communities, and society overall in the United States and globally. Athletes and the active public in particular need to guard against dehydration and other risks. Pure fluoridated tap water is typically an excellent and healthy approach for active individuals of all ages, including for water sports.

POINT ⑥ | ASD also encourages ongoing research and monitoring | ASD supports and calls for ongoing research and critical evaluation of the correct levels and benefits and safety of fluoridated water and for whom – given ongoing scientific and clinical discovery and evidence for all populations.

CDC Statements on Community Water Fluoridation <https://www.cdc.gov/fluoridation/index.html>