Best Practices- A User Guide

ASTDD Best Practices Committee
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Educational Objectives

• Use of Best Practice Criteria in developing State Activity Submissions (SAS)
• Use a rubric to evaluate an SAS
• Understand selection process for Best Practice Approach Report (BPAR) submission
• Understand difference between SAS and Descriptive Report
• Share lessons learned through interactive session
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What is the ASTDD Best Practices Project?

• Developed to help programs cultivate their best practices within the context of their environment and adapt ideas and strategies to meet their needs

• Includes collection of proven and promising Best Practices submitted by states, territories and community oral health programs

• Best Practice Approach Reports created as resource to share ideas and encourage best practices
Best Practice Approaches

Proven and Promising Best Practices for State and Community Oral Health Programs

The ASTDD Best Practices Project promotes best practices for state, territorial and community oral health programs. Best Practice Approaches information provided on this website is meant to help programs develop their best practices within the context of their environment. Through proven and promising best practices, effective programs will be better able to help achieve the Healthy People 2020 Oral Health Objectives and to meet the National Call to Action to Promote Oral Health.

For the purposes of the ASTDD Best Practices Project, a Best Practice Approach is defined as a public health strategy that is supported by evidence for its impact and effectiveness. Evidence includes research, expert opinion, field lessons, and theoretical rationale. For each Best Practice Approach analyzed and reported on this website, varying strength of evidence is observed.

"Approach" is used to emphasize that there is more than one single best way to do something. A Best Practice Approach may have different but successful implementation methods (such as program activities and operations).

The Best Practice Approach Reports posted on this site serve as a resource to share ideas and cultivate best practices for state and community oral health.

Developing Best Practices Resource Information...
- State Dental Public Health Activities
- Resource Links
  - Local Oral Health Programs and Best Practices - Full Report
  - Local Oral Health Programs and Best Practices - Executive Summary
  - * * * * * * * * * *
- Best Practice PowerPoint Presentations...
  - Introduction to Best Practices
  - ASTDD Best Practice Website
  - * * * * * * * * * *
- About the ASTDD Best Practices Project...
  - Best Practices Committee
  - Introduction to the Project

http://www.astdd.org/best-practices/
“Best Practice” is a service, function or process that has been fine-tuned, improved and implemented to produce superior results that demonstrate impact/effectiveness, efficiency, sustainability, and collaboration/integration, with appropriate objectives/rationale.
ASTDD Best Practices Project
Input from States

State surveys:

• Developed list of BP criteria
• Ranked BP criteria
• Identified categories of Best Practices
  information states wanted
• Obtained listing of states reported top
  strategies and successful practices
Use of Best Practice Information

- Information is intended to:
  - Help programs by providing building blocks
  - Promote collaborations
  - Raise awareness of oral health
  - Share ideas and lessons learned from the field
  - Update guidelines
  - Be a resource for State Oral Health Programs
End-Users of Best Practice Information

Best Practices

Dental Directors

Government Officials & Staff

Professional & Advocacy Organizations

Funders

Consumers

Public Health Programs

Coalitions
What is a Best Practice Approach Report?

- Best Practice Approach is defined as a public health strategy that is supported by evidence for its impact and effectiveness. Evidence includes research, expert opinion, field lessons, and theoretical rationale. For each Best Practice Approach analyzed and reported on this website, varying strength of evidence is observed.

- "Approach" is used to emphasize that there is more than one single best way to do something. A Best Practice Approach may have different but successful implementation methods (such as program activities and operations).
Best Practice Approach Reports
Proven and Promising Best Practices for State and Community Oral Health Programs

**Assessment**
- State-based Oral Health Surveillance System (May 2011)

**Policy Development**
- State Oral Health Coalitions and Collaborative Partnerships (May 2011)
- State Oral Health Plans and Collaborative Planning (May 2011)
- Statutory Mandate for a State Oral Health Program (June 2011)

**Assurance**
- Perinatal Oral Health (October 2012)
- Use of Fluoride: Community Water Fluoridation (May 2011)
- Use of Fluoride: School-based Fluoride Mouthrinse and Supplement Programs (June 2011)
- School-based Dental Sealant Programs (June 2003)
- Access to Oral Health Care Services: Workforce Development (May 2011)
- Oral Health of Children, Adolescents and Adults with Special Health Care Needs (May 2011)
- Improving Children's Oral Health through Coordinated School Health Programs (May 2011)
- Prevention and Control of Early Childhood Tooth Decay (February 2013)
ASTDD Best Practices Project
Best Practice Criteria

• Impact / Effectiveness
  Provided benefits to the oral health care and well-being of certain populations or communities

• Efficiency / Cost Effectiveness
  Showed costs and expenses are appropriate to benefits achieved

• Demonstrated Sustainability
  Demonstrated sustainable benefits and/or demonstrated that the practice been sustainable within populations/communities and/or in states/territories
ASTDD Best Practices Project
Best Practice Criteria

• Collaboration / Integration
  Built effective partnerships/collaborations among various organizations and integrated oral health with other health projects and issues

• Objectives / Rationale
  Addressed HP 2010 (now HP2020) objectives, met the National Call to Action to Promote Oral Health, and/or built basic infrastructure and capacity for oral health programs
Share Your Story

http://www.astdd.org/state-activities/
Two Ways to Share Your Story

• State Activity Submissions are the condensed version- First Step
  – Overview of how the activity incorporates Best Practice criteria

• Descriptive Reports are the novel version
  – Detailed report about the activity
  – These are included in Best Practice Approach Reports
What is in a Descriptive Report?

• History of the activity
• Justification of the activity
• Inputs, Activities, Outputs and Outcomes of the activity
• Budget Estimates and Formulas of the activity
• Lessons Learned and/or Plans for Improvement
• Available Information Resources
State Activity Submission vs. Descriptive Report

- A Descriptive Report starts as a State Activity Submission (SAS)
- It is a much more detailed report based on the information submitted in the SAS
- These are requested when a Best Practice Approach Report is being created or updated
- Descriptive Reports are included in a Best Practice Approach Report
State Activity Submissions

• Previously called “best practice submissions”

• State, territorial and community oral health programs submit State Activity Submissions describing successful dental public health activities known as “success stories”

• Collection searchable by topic or by state: http://www.astdd.org/state-activities/
Success Stories ➔ State Activity Submissions

• Has your program done something that other programs may want to know about?
• Has your program looked for information on something, such as sealant programs, and adapted or expanded on that information?
• Do you have lessons learned from a project your program is working on or has completed?
  • Share them!
Why Share?

• The ASTDD Best Practices Project is your project;

• Meant to be a resource to connect programs and increase communication
Who Should Share?

- State Oral Health Programs
- Territorial Oral Health Programs
- Community Oral Health Programs

- Remember, the Best Practices Project is a resource for you!
How to Share Your Story

• State Activity Submission Form available at: http://www.astdd.org/call-for-practice-submission-instructions/

• Includes a rubric to help guide you through the Best Practice criteria

• Include contact information on submission

• Not all submissions are Best Practices; some are promising practices – share them!
When to Share?

• No need to wait for call for submissions from an ASTDD committee

• Submit when program has a success to share

• Review your submissions at least every 5 years

• Update as things change
What to Share?

• A program, service, event, policy
  – Are your customers better off because of this................?

• Use the rubric to guide you through the Best Practices Criteria;
  – Objectives/Rationale
  – Impact/Effectiveness/Efficiency
  – Collaboration/Integration
  – Demonstrated Sustainability

• Also include:
  – Evaluation Measures/Outcome Indicators
  – Lessons Learned

• No longer limited to one page
SAS Review Rubric
Self Review

• Activity Description
• Objectives/ Rationale
• Impact/Effectiveness
• Collaboration/Integration
• Demonstrated Sustainability
• Evaluation Measures/ Outcome Indicators
• Lessons Learned
What Happens Next?

• Your completed submission is emailed to:
  Lori Cofano
  Best Practices Committee Consultant
  lkcofano@gmail.com

• Examples:
State Activity Submissions

New Mexico

Delaware

Texas

Best Practice Chosen
Review of Submissions

• All submissions are reviewed;
• When submitted in response to a call for submissions related to a Best Practice Approach Report will be reviewed by an ASTDD committee
• If more information is needed, submitter will be contacted
• Be sure to include contact information as requested on Form.
Submission Selected As A Best Practice
THE END OF PART 1.

NOW PRESENTING LORI AND CAROL
Interactive Activity

- Each table has been assigned one of the Best Practice Criteria from the rubric
- Each table has the same sample State Activity Submission (SAS) to review
- Tables will have 20 minutes to read the SAS and discuss whether the SAS meets the assigned BP Criteria
- Please select a recorder and a speaker for your table
- Tables will be asked to share how the SAS did or did not meet the assigned BP Criteria
- We will collect the BP Criteria sheets at the end of the session
Best Practice Criteria

- Description of Dental Public Health Activity
- Objectives/Rationale
- Impact/Effectiveness/Efficiency
- Collaboration/Integration
- Demonstrated Sustainability
- Evaluation Measures/Outcome Indicators
- Lessons Learned