

School-based Activities Until Schools Reopen

(adapted from California Department of Public Health, Office of Oral Health

[https://oralhealthsupport.ucsf.edu/sites/g/files/tkssra861/f/wysiwyg/PL-20-](https://oralhealthsupport.ucsf.edu/sites/g/files/tkssra861/f/wysiwyg/PL-20-01%20-%20CDPH%20OOH%20PROGRAM%20GUIDANCE%20%232%20-COVID%2019%20%20LOHP%20ACTIVITIES.pdf)

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[COVID%2019%20%20LOHP%20ACTIVITIES.pdf\)](https://oralhealthsupport.ucsf.edu/sites/g/files/tkssra861/f/wysiwyg/PL-20-01%20-%20CDPH%20OOH%20PROGRAM%20GUIDANCE%20%232%20-COVID%2019%20%20LOHP%20ACTIVITIES.pdf)

- Coordinate with schools to identify children who may need toothbrush kits and other dental information.
 - Work with schools to provide toothbrushing kits that could be distributed with back-to-school packets, meal pick-up, homework pick-up, or mailed to homes.
 - Include brushing chart/calendar or other tracking methods to ensure kids are brushing with fluoridated toothpaste two (2) times daily.
 - Resource: <https://www.mouthhealthy.org/en/resources/activity-sheets/brushing-calendar>

- Communicate regularly with schools that you have an established relationship.
 - Offer to participate in Distance Learning by presenting information to students on oral health, toothbrushing, nutrition, etc.
 - Plan with schools, once teachers/administrators are back to prepare for upcoming school year activities/events and to make arrangements for on-site school visits to provide oral health education, setting up for required oral health assessments, if protocols allow, distributing toothbrush/toothpaste kits, etc.
 - Provide regular contact regarding oral health messaging. Be a resource for teachers, students, parents, administrators, etc. Be creative with approaches to stay in contact.
 - Reach out to schools who previously were not receptive to outreach efforts as they may be looking for resources to support students post COVID-19.

- Kits would include toothbrushes, floss, fluoride toothpaste, and messages such as the importance of maintaining oral health, oral hygiene instruction, and toothbrushing activities; for instance, playing a song to brush along or toothbrushing apps.
<https://www.mouthhealthy.org/en/babies-and-kids/fun-ways-to-encourage-kids-to-brush>

- Include COVID-19 information to describe dental emergencies, what to do, and resources for care (state Medicaid dental website) and safety-net clinics in your area.

- For children under age 5, include Brush Book Bed, materials.
 - https://www.aap.org/en-us/Documents/BBB_Parent_Handout.pdf

- Work with schools and their distance learning to include oral health curriculum.
 - <https://www.mouthhealthy.org/en/resources/lesson-plans>
 - <https://www.mouthhealthy.org/en/resources/activity-sheets>