

Resources on Obesity and Sugar Sweetened Beverage Consumption

- [Innovations in Childhood Obesity Resource Center](#). Center for Health Care Strategies, Inc.
- Driving Action and Progress on Obesity Prevention and Treatment: Proceedings of a Workshop <<https://doi.org/10.17226/24734>> presents information from a workshop convened by the National Academies of Science and held on September 27, 2016, in Washington, DC. The purpose of the workshop was to make advancements toward solving the obesity crisis. Topics discussed include childhood obesity trends; obesity-prevention and -treatment efforts over the past two decades; and obesity prevention in child care and early childhood education, at the state level, and within the business community. Additional topics include the relationship between physical activity and obesity and ways to increase opportunities for physical activity, challenges associated with obesity treatment, and the roles of the U.S. Department of Agriculture and of foundations in obesity prevention.
- [CDC Childhood Overweight and Obesity webpage](#)
- [Healthy Futures: Engaging the Oral Health Community in Childhood Obesity Prevention National Conference—Executive Summary](#) provides an overview, agenda, and key findings of the conference held November 3–4, 2016, at Georgetown University in Washington, DC. It also presents a list of proposed strategies in the following areas: research, dental students' education and training, oral health professionals' continuing education and training, advocacy/policy, consumer-based education interventions, interprofessional collaboration, and reimbursement.
- The [Journal of Public Health Dentistry \(volume 31, supplement 1\)](#) includes nine articles prepared for the conference that identified through systematic reviews or scoping reviews the state of the science related to preventing childhood obesity and reducing children's consumption of sugar-sweetened beverages and strategies that oral health professionals and organizations can employ to prevent childhood obesity. The articles examine (1) the state of the science related to preventing childhood obesity, (2) the state of the science related to reducing children's consumption of sugar-sweetened beverages or sugar-containing beverages, and (3) strategies that could be employed by oral health professionals and organizations and others to prevent childhood obesity. An introduction and a conference summary and recommendation are also included.
- [The Provider Competencies for the Prevention and Management of Obesity](#) focus on establishing a working knowledge of obesity, minimizing bias and stigma, facilitating an interdisciplinary, team-based approach, and setting a baseline of training that all health professions can refine based on their specific needs. Members of the workgroup will push for the competencies to be incorporated into accreditation standards, licensing exams, board certifications, and continuing education. Support for the development of these competencies was provided by the Robert Wood Johnson Foundation
 - [Report](#)
 - [Summary document](#)

Research Article

Wiener, R. Constance et al. [The association between diabetes mellitus, sugar-sweetened beverages, and tooth loss in adults](#). The Journal of the American Dental Association 148(7): 500-509.

Video

How Much Juice Should Children Drink?

Dr. Patricia Braun, AAP Spokesperson and [Healthy Futures Conference](#) faculty member, explains the Academy's new guidelines on fruit juice, "[Fruit Juice in Infants, Children, and Adolescents: Current Recommendations](#)," offering parents tips on how much juice is too much for children in this brief [video](#).

Webcast

Pre-recorded Webinar: School-based Water Interventions in the Fight Against Childhood Obesity and Tooth Decay -Too many children suffer from high rates of preventable chronic conditions associated with childhood obesity and dental disease. In Wisconsin, one third of Wisconsin third graders are either overweight or obese and 53 percent have experienced tooth decay. Children's consumption of sodas, fruit drinks, sports drinks and fruit juices have increased, putting them at risk of becoming obese and getting cavities. Drinking water can contribute to good health, and schools are in a unique position to promote healthy, dietary behaviors, including drinking water. This 90 minute webinar will provide an overview of recent research, which estimates the impact of increased access to optimally fluoridated water on standardized body mass index and oral health in elementary and middle school students. In addition, the webinar will share tools and guidelines on how to advocate for safe and appealing water in schools. The recorded webinar is available on TrainingFinder Real-time Affiliated Integrated Network (TRAIN), the nation's premier learning network for professionals who protect the public's health. The TRAIN course ID for School-based Water Interventions in the Fight Against Childhood Obesity and Tooth Decay is 1067109. If this is your first visit to TRAIN you will need to create an account. Please follow the instructions on www.train.org to create an account and log in. Link to webinar on TRAIN:

<https://wi.train.org/DesktopModules/eLearning/CourseDetails/CourseDetailsForm.aspx?courseid=1067109>. (Please note that there were some minor technical difficulties with the video in the first few minutes of the recording and the audio in the latter part of the webinar. Both technical difficulties were quickly resolved. We apologize in advance for this inconvenience).

Websites

[10 Tips: Make Better Beverage Choices](#)

ChooseMyPlate.gov provides these tips on their website and in a PDF file in [English](#) or [Spanish](#). One tip features [SuperTracker](#), which features tools to track and compare foods and beverages.

[Kick the Can](#): This website from Public Health Advocates (California) promotes policies to build

healthier communities in the face of obesity and diabetes epidemics. There are [model policies](#) and [advocacy tools](#), and the site helps track [legislative action](#) and [educational campaigns](#) across the country.

In the Popular Press

- [Berkeley requires kids' meals to include milk or water, not soda](#); published August 10, 2017, by [Berkeleyside](#).
- [Bill adds sales tax on candy and soda purchases in Massachusetts](#); published June 26, 2017, by 22News, [WWLP](#).
- Point/Counterpoint in the [San Diego Union-Tribune](#), July 5, 2017.
 - [Soda tax no panacea for obesity problems](#)
 - [Tax on sugary drinks right prescription for children's health](#)
- [Sugar Free Kids Maryland](#)