

Potential Board of Director Member Questionnaire

Name: Rachel Sizemore

Position you wish to run for: Treasurer

1. Service on the ASTDD Board of Directors is a significant time commitment. It includes participation in a minimum of one 1½ hr phone call a month. Preparation for the call will customarily require several hours of reading various documents prior to the call. In addition, BOD members are frequently required to review and approve various requests and/or reports in between the monthly calls. Can you commit to preparing for, and active participation on, these monthly calls and timely response to requests that occur in between calls? Yes
2. Service on the BOD requires attendance at a minimum of one face-to-face meeting a year as well as occasional meetings with partner organizations as an ASTDD BOD representative. Are you able to commit to attendance at the National Oral Health Conference and up to two other meetings with partner organizations a year? Yes
3. Why would you like to serve on the BOD? I would like to serve on the ASTDD Board of Directors because, as a state dental director and active member for the past 3.5 years, I have seen the critical role ASTDD plays in helping states navigate complex challenges and shape the future of public oral health. I am energized by the opportunity to contribute to strategic decision-making during times of change and to help align innovation, policy, and practical implementation across states. Serving on the board would also be a meaningful way to give back to a professional community that has strengthened my own leadership and impact.
4. How would your service on the BOD benefit ASTDD? My service on the ASTDD Board would bring a strong internal drive for continuous improvement, paired with business acumen and a practical focus on process optimization. I approach leadership with a systems mindset, looking for ways to strengthen strategy, improve operational efficiency, and translate ideas into measurable outcomes that support member states. I would contribute a results-oriented perspective that helps ASTDD evolve thoughtfully while maintaining its mission and impact.
5. What special talent, skill, or knowledge would you bring to the ASTDD BOD? Examples include financial, legal, or communications/media expertise, understanding of Medicaid, FQHC's or community health centers, or strategic planning ability. I bring skill in making strategy operational and measurable.
6. Describe previous leadership experience with other organizations. I currently serve as State Dental Director, where I lead statewide oral health strategy, collaborate with cross-sector partners, and guide program development and implementation to improve access and outcomes. I also serve as Treasurer of the Arkansas Oral Health Coalition, where I provide

financial oversight, support organizational governance, and help ensure strategic priorities are aligned with sustainable fiscal management. Together, these roles have strengthened my experience in executive leadership, stakeholder engagement, and mission-driven organizational stewardship.

7. Describe your past involvement with ASTDD. Have you ever served on or chaired a committee? What projects have you been involved in? How have you demonstrated your commitment to ASTDD and its mission? My involvement with ASTDD has included serving on the Healthy Aging Committee and actively participating in numerous Communities of Practice and Spotlight sessions. I have also attended the National Oral Health Conference and engaged with ASTDD through CDC Division of Oral Health grantee meetings. These experiences have allowed me to collaborate with peers across states, share best practices, and stay engaged with emerging priorities in state oral health leadership.
8. Please provide any additional information that would help inform the Board of Directors and members about your interest and qualifications.