

DHL At-A-Glance Activity Guide

Getting Started:

- Review orientation slides
- Have call with regional DHL coordinator
- Create distribution list
- Send introduction letters to stakeholders

Due dates:

- 1st Quarterly report—January 7th (Oct-Dec)
- 2nd Quarterly report—April 7th (Jan-Mar)
- 3rd Quarterly report—July 7th (Apr-Jun)
- 4th Quarterly report—October 7th (Jul-Sep)

Activity Examples:

Basic (required)	Enhanced (limited time commitment)	Advanced (increased time commitment)
Maintain ADHA membership (your stipend can be used for this)	(AC) Attend a state or regional Head Start or child care conference	(ED) Participate in your state or local health managers' network
Complete report of activities (quarterly)	(ED) Provide or coordinate NCECHW-approved presentations at the state or local level	(ED) Provide NCECHW-approved presentations at the regional level
Respond to requests in a timely manner	(AC) Join and participate in a local Head Start health services advisory committee	(PR) Coordinate a fluoride varnish program at a local Head Start or child care program
(ED) E-mail <i>Brush Up on Oral Health</i> (monthly) and other NCECHW resources (as requested) to stakeholders	(AC) Connect programs to oral health providers in the community	(CO) Collaborate with child care health consultant(s) to respond to oral health questions from child care programs
(CO) E-mail stakeholders to offer assistance (this can be done at the same time <i>Brush Up on Oral Health</i> is shared)	(ED) Submit a short newsletter article using NCECHW-approved text to stakeholders (e.g., HSSCO, HSA, state child care agency)	(AS) Review state's PIR oral health data to identify programs that need assistance meeting Head Start program performance standards, and follow up with them
Participate in DHL webinars or listen to archived webinars on the DHL webpage	(PR) Promote toothbrushing with fluoridated toothpaste at the Head Start or child care program table	
Request annual stipend (once two categories are completed)		

- Legend:**
- AS** Assessment (review PIR and/or BSS data and/or facilitate/participate in screenings/exams)
 - AC** Access to care (provide referrals/follow up to dental homes)
 - PR** Prevention (promote evidence-based preventive practices, such as applying fluoride varnish or brushing with fluoridated toothpaste)
 - ED** Education (share NCECHW materials and/or provide educational sessions)
 - CO** Collaboration (communicate with oral health stakeholders and Head Start/child care staff and organizations)