



THE NATIONAL CENTER ON
Health

Oral Health Resources to Support Head Start Programs



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National Center on Health
Dental Hygienist Liaisons Webinar
June 14, 2013

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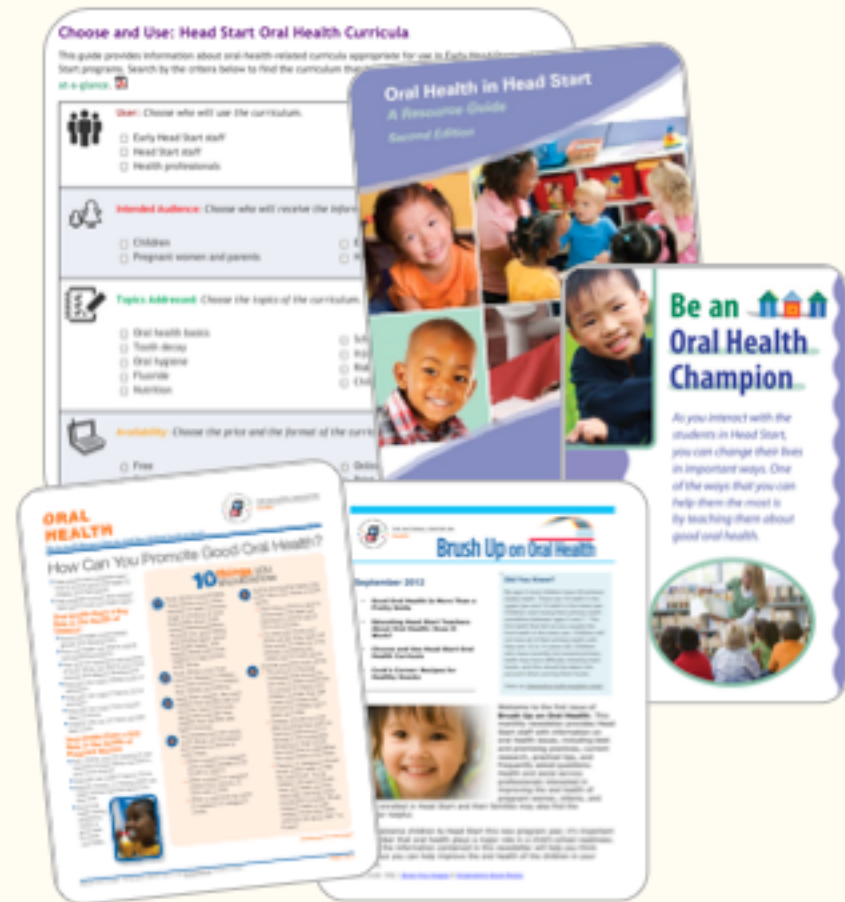
Educational Objectives

Objective 1: Describe the National Center on Health's role in identifying, developing, and disseminating resources







Educational Objective

Objective 2: Identify oral health resources that dental hygiene liaisons can use to support Head Start programs in their states







Choose and Use: Head Start Oral Health Curricula

 User: Choose who will use the curriculum.
<input type="checkbox"/> Early Head Start staff <input type="checkbox"/> Head Start staff <input type="checkbox"/> Health professionals
 Intended Audience: Choose who will receive the information.
<input type="checkbox"/> Children <input type="checkbox"/> Pregnant women and parents <input type="checkbox"/> Early Head Start and Head Start staff <input type="checkbox"/> Health professionals
 Topics Addressed: Choose the topics of the curriculum.
<input type="checkbox"/> Oral health basics <input type="checkbox"/> Tooth decay <input type="checkbox"/> Oral hygiene <input type="checkbox"/> Fluoride <input type="checkbox"/> Nutrition <input type="checkbox"/> Schedule of dental visits <input type="checkbox"/> Injury <input type="checkbox"/> Risk assessment <input type="checkbox"/> Children with special health care needs
 Availability: Choose the price and the format of the curriculum.
<input type="radio"/> Free <input type="radio"/> For a fee <input type="radio"/> Online <input type="radio"/> Print

- Guide for selecting curricula
- User
 - Early Head Start
 - Head Start staff
 - Health professionals
- Intended audience
 - Children
 - Pregnant women and parents
 - Early Head Start and Head Start staff
 - Health professionals
- Topics addressed
- Availability
 - Free or for a fee
 - Online or print

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Choose and Use: Head Start Oral Health Curricula

Health and Safety in the Child Care Setting: Promoting Children's Oral Health-A Curriculum for Health Professionals and Child Care Providers (2007).

Website: http://www.ucsfchildcarehealth.org/pdfs/Curricula/oral_health_11_v7.pdf

Target Audience: Head Start staff; Health professionals

Intended Audience: Children; Early Head Start and Head Start staff; Pregnant women and parents

Topics Addressed: Children with special needs; Fluoride; Nutrition; Injury; Oral hygiene; Oral health basics; Tooth decay

Availability: Free. Online.

Oral Health for Maryland's Kids: A Head Start Teacher's Guide for Creating Healthy Smiles (2011).

Website: <http://www.mchoralhealth.org/ohmdkids>

Target Audience: Head Start staff; Health professionals

Intended Audience: Children; Early Head Start and Head Start staff; Health professionals; Pregnant women and parents

Topics Addressed: Tooth decay; Oral hygiene; Oral health basics; Nutrition; Fluoride; Injury

Availability: Free. Online.

Oral Health Supplemental Curriculum Resource (2005).

Website: <http://www.mchoralhealth.org/Materials/Multiples/SC.html>

Target Audience: Health professionals; Head Start staff

Intended Audience: Children

Topics Addressed: Fluoride; Injury; Nutrition; Oral health basics; Oral hygiene; Tooth decay; Schedule of dental visits

Availability: Free. Online.



Open Wide: Oral Health Training for Health Professionals



OPEN WIDE Oral Health Training for Health Professionals

home 1 2 3 4 glossary tools evaluation help




Welcome to **Open Wide: Oral Health Training for Health Professionals**, a series of four modules designed to help health and early childhood professionals working in community settings (for example, Head Start, home visiting, and WIC staff) promote oral health in the course of promoting general health for infants, children, and their families.

This curriculum offers health and early childhood professionals information to help them prevent tooth decay, which still afflicts many U.S. children, especially children from families with low incomes, children in certain minority groups, and children with special health care needs. The modules present professionals with information about tooth decay, risk factors, and prevention; explain how to perform an oral health risk assessment and oral health screening; and highlight anticipatory guidance to share with parents.

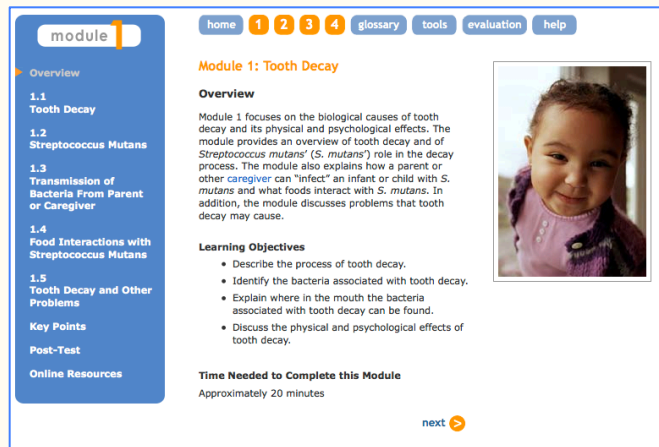
- > [Module 1: Tooth Decay](#)
- > [Module 2: Risk Factors for Tooth Decay](#)
- > [Module 3: Prevention of Tooth Decay](#)
- > [Module 4: What to Do and How to Do It](#)

After completing the curriculum, please take a moment to fill out the [evaluation](#). Your feedback will help improve the course.

A companion presentation is available to assist training events. Visit [Tools](#) to view the presentation.

Module 1 >

- Help health professionals working in community settings promote oral health
- Information about tooth decay, risk and preventive factors, risk assessment and screening, and anticipatory guidance



module 1

home 1 2 3 4 glossary tools evaluation help

Module 1: Tooth Decay

Overview

1.1 Tooth Decay

1.2 Streptococcus Mutans

1.3 Transmission of Bacteria From Parent or Caregiver

1.4 Food Interactions with Streptococcus Mutans

1.5 Tooth Decay and Other Problems

Key Points

Post-Test

Online Resources

Overview


Module 1 focuses on the biological causes of tooth decay and its physical and psychological effects. The module provides an overview of tooth decay and of *Streptococcus mutans*' (*S. mutans*) role in the decay process. The module also explains how a parent or other caregiver can "infect" an infant or child with *S. mutans* and what foods interact with *S. mutans*. In addition, the module discusses problems that tooth decay may cause.

Learning Objectives

- Describe the process of tooth decay.
- Identify the bacteria associated with tooth decay.
- Explain where in the mouth the bacteria associated with tooth decay can be found.
- Discuss the physical and psychological effects of tooth decay.

Time Needed to Complete this Module
Approximately 20 minutes

next >



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What You Should Know and How You Can Help Tip Sheet Series

- Tip sheet for dentists, dental hygienists, and medical professionals
- Overview of Head Start program and participants
- Oral health status and access to services
- Ways to provide oral health services

Dentists and Head Start
What You Should Know and How You Can Help

What Is Head Start?
Head Start was established in 1965 to improve the school readiness of children ages 3 to 5 from families with low incomes. In 1994, Early Head Start was established to serve low-income pregnant women, with a focus on positive birth outcomes, and to promote healthy physical and cognitive development in children from birth to age 3 from families with low incomes. Both Early Head Start and Head Start provide education and health services in the context of family and community.

Who Participates in Head Start?
Head Start programs serve approximately 1,000,000 children. The federal government's Head Start program is administered through the Administration for Children and Families. Each program is required to use its own funding to help build upon each program reflects the culture of the community.

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Who Participates in Head Start?
Head Start programs serve approximately 900,000 pregnant women, infants, and children each year in all 50 states, the District of Columbia, and most U.S. territories. At least 90 percent of children enrolled in each Head Start program must be from families with low incomes, and up to 10 percent can be from families with incomes that exceed the low-income guidelines who would benefit from Head Start services. Up to 35 percent of each Head Start program's enrollment may also be for children whose families' incomes are between 100 percent and 130 percent of the federal poverty level. Children are automatically eligible, regardless of family income, if they are homeless or in foster care or if their families receive Temporary Assistance for Needy Families or Supplemental Security Income. Of the 94 percent of children enrolled in Head Start who have health insurance, 82 percent are enrolled in Medicaid or in the Children's Health Insurance Program (CHIP).

Medical Providers and Head Start
What You Should Know About Oral Health and How You Can Help

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Be an Oral Health Champion Booklet and Poster



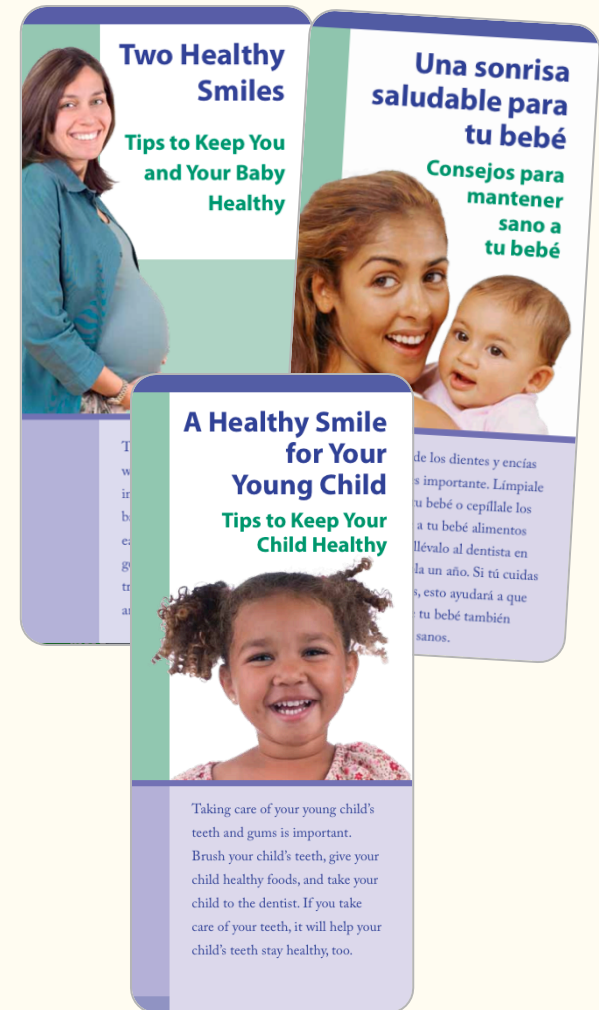
- Promote awareness of problems children with poor oral health may experience
- Ideas for promoting oral health and preventing oral disease in children



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Brochures

- Educate pregnant women and parents about the importance of oral health, oral hygiene, and nutrition
- Content includes brushing, eating healthy foods, and regular dental check-ups and treatment
- Written at 4th–6th grade reading level
- In English and Spanish



National Maternal and Child Oral Health Resource Center

Order Form for Free Publications

Publications are **free of charge**. U.S. orders only. Please tell us how you plan to use the publication(s) in the "Notes" box at the end of the order form. Please allow **4 weeks** to process your order.

If you would like more copies than the form will allow you to order, please select the limit and then provide details about the setting, target audience, and intended use in the "Notes" box at the end of the order form. Owing to demand, we cannot guarantee that you will receive the number of copies requested. **Some publications are specifically designed for professionals or for Head Start settings, and bulk copies are not available for other uses.**

Brochures for Consumers—Educational materials in English and Spanish

Written in an easy-to-read style that is appropriate for all audiences, including those with lower literacy levels.

A Healthy Smile for Your Baby: Tips to Keep Your Baby Healthy. 2009. 2 pp.

Una sonrisa saludable para tu bebé: Consejos para mantener sano a tu bebé. 2009. 2 pp.

A Healthy Smile for Your Young Child: Tips to Keep Your Child Healthy. 2009. 2 pp.

Una sonrisa saludable para tu niño pequeño: Consejos para mantener sano a tu niño. 2009. 2 pp.

Two Healthy Smiles: Tips to Keep You and Your Baby Healthy. 2009. 2 pp.

Dos sonrisas saludables: Consejos para mantenerte a ti y a tu bebé sanos. 2009. 2 pp.

Resources for Professionals

<http://www.mchoralhealth.org/order/index.html>



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Tip Sheets

- Series for health managers and families
- Topics include active play, health literacy, healthy breathing, eating, mental health, oral health, safety, and injury prevention
- Tips for promoting good oral health and things parents can do to help their child



Brush Up on Oral Health Newsletter

- Monthly newsletter
- Head Start staff and health professionals
- Each issue includes current practice, practical tips, and simple recipe for a healthy snack
- Read online or become a subscriber

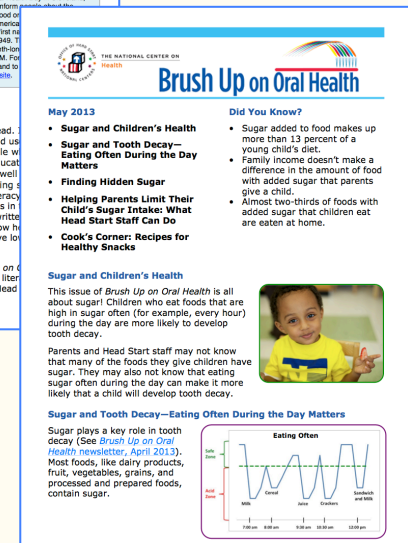
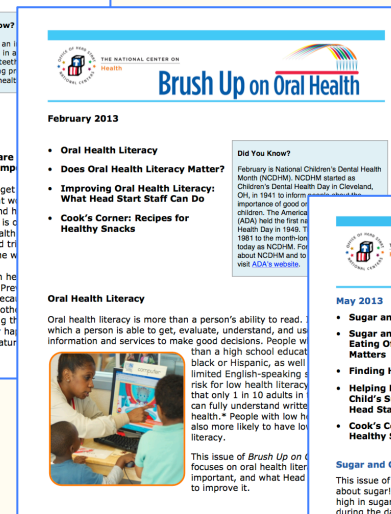


<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Oral%20Health>

Brush Up on Oral Health Newsletter

Topics addressed:

- School readiness
- Toothbrushing
- Parent engagement
- Pregnant women
- Infants
- Health literacy
- Cultural and linguistic competence
- Fluoride
- Sugar and tooth decay



Early Childhood Learning & Knowledge Center



Early Head Start and Head Start health services are based on the premise that a child must be healthy to learn. Good oral health is essential to a child's growth and development. In addition, providing pregnant women with oral health care is critical for women's oral health and the future oral health of their children.

Video



Watch Matthew's story to see how Early Head Start and Head Start programs are making a difference.

Newsletter



Subscribe to this monthly e-mail newsletter for practical tips.

Brochures



Order free brochures to share with pregnant women and parents.

Tip Sheets



Learn how to work with dentists, dental hygienists, and medical providers.

Office of Head Start

- Program Performance Standards
- Policy Clarifications
- Program Instructions

National Center on Health



The National Maternal and Child Oral Health Resource Center is a partner in the National Center on Health.

- Choose and Use: Head Start Oral Health Curricula
- Head Start Oral Health Resource Guide [PDF, 700KB]
- Links
- Open Wide: Oral Health Training for Health Professionals


Resources

- Assessment, Follow-Up, and Treatment
- Education Activities (**Coming Soon!**)
- Policies and Procedures (**Coming Soon!**)



<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Oral%20Health>

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<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Oral%20Health>

Early Childhood Learning & Knowledge Center Assessment, Follow-Up, and Treatment

Content includes

- Dental home
- Medications, aids, or equipment
- Preventive measures

The collage includes several key documents:

- Questions to Ask When Looking for a Dental Office:** A checklist of 12 questions to help parents find a suitable dental office for their child.
- Nature's Way to Prevent Tooth Decay: Water Fluoridation:** A poster explaining the benefits of fluoridated water for preventing tooth decay.
- Fluoride Varnish for Healthy Teeth:** A poster detailing what fluoride varnish is, how it works, and where children can receive it.
- What is Fluoride Varnish?:** A smaller version of the fluoride varnish poster.
- Bright Futures in Practice: ORAL HEALTH Pocket Guide:** A guide for dental professionals on oral health practices.
- What is Fluoride Varnish?:** A poster from Michigan's Department of Health and Human Services (MDCH) explaining the benefits of fluoride varnish.
- Fluoride Varnish:** A poster from Delta Dental of Michigan titled "Protect Your Child's Smile".
- What is Head Start? Dentists and Head Start: What You Should Know and How You Can Help:** A document explaining the Head Start program and the role of dentists in providing care to young children.

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Oral%20Health>

National Center on Health Contact Information

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Questions?



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